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"THE NEEDLE-WORKER"

COMFORTS FOR SAILORS

AND HOW
TO MAKE
THEM

Being Part II. of No. I.
of "The Needle-
Worker" a Monthly
Magazine for everyone
interested in the Art
and Craft of the Needle

PRICE ONE PENNY

The Xmas No. of the "Needle-
Worker," containing Novel
and Useful Gifts, will be
published on November 23



Pronounced by the ADMIRALTY to
be "AN EXCELLENT PATTERN."

GWENDA HILL
BLAYSWORTH MANOR
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NEEDLE-WORKER

A MONTHLY MAGAZINE
for everyone interested in

The Art and Craft of the Needle

PRICE **2^{d.}**

Originally intended to be published in September, the exigencies of the war have suggested to the Proprietor the desirability of publishing the first number in two parts, of which this is Part II.

The Next Number will be published in November.
It will be the CHRISTMAS NUMBER, and will
be full of

Useful Articles of Original Design

that can be easily made as

CHRISTMAS PRESENTS.

All the best workers for the "Ladies' Papers" have been retained by the management, and the accuracy and originality of every article is guaranteed.

As the demand is sure to be enormous, secure a copy by placing the order with your Newsagent **NOW.**

Part I, "COMFORTS FOR SOLDIERS," still in print, and can be had for 1^{d.}, post free, from "The Needle-Worker," Cromwell House, Holborn, W.C.

THE NEEDLE - WORKER COMFORTS FOR SAILORS.

List of Articles of Clothing needed by our Sailors.

Woollen Caps and Helmets in grey or natural colour. Average size.

Scarfs.—Knitted or crochet, to be made in navy, grey or natural. Use soft wool and make at least 48 inches long by 8 inches wide.

Jerseys.—Knitted in navy blue, 3 or 4-ply Wheeling Yarn preferred. Are needed in three sizes:—29 inches long, 18 inches wide. 30 inches long, 19 inches wide. 32 inches long, 20 inches wide.

Mitts or Over-Gloves.—To be knit in dark colour wool with thumb and without separate spaces for fingers. If a gauntlet cuff is made the glove keeps the hand and arm much warmer.

We gave an excellent pattern, one approved by the Admiralty, in our last Number, "Comforts for Soldiers," and reproduce it on page 11.

Thick Warm Socks in fast colours; blue is preferred. These are needed in three sizes:—Leg, 14 inches, 14½ inches and 15 inches. Foot, 10 inches, 10½ inches and 11 inches.

Thick Woollen Stockings in dark colours, blue preferred, but must be fast dye. Three sizes:—Leg, 26 inches, 27 inches and 28 inches. Foot, 10 inches, 10½ inches and 11 inches.

Body Belts.—Knitted in natural wool, without fastenings of any kind, to be made in three sizes:—9 inches wide, 12 inches long. 10 inches wide, 12½ inches long. 11 inches wide, 13 inches long.

Thick Woollen Drawers in natural flannel. Waist, 36 and 39 inches. Leg, 29 and 30 inches.

Parcels should be securely packed and plainly directed.

They can be addressed to any individual ship of H.M. Fleet, c/o G.P.O., London, or to Admiral Superintendent, Portsmouth.

Materials.—The materials recommended in the instructions given in this book have been selected for their general usefulness and complete reliability.

To avoid disappointment in working it is essential that the same wool and in the ply mentioned at the head of each article be used.

It is sheer waste of time to put good honest, loving labour into indifferent materials, and it will be found that "best is cheapest," not only by the wearer, but also by the knitter.

Size.—Make all garments large. If knitted, use a rib, which will expand to size required without seeming bulky.

Fastenings.—Sew on strings, buttons and patent fasteners firmly and fasten off well.

Wash.—Wash all garments before sending, as they are safer and more comfortable.

Colours.—Garments for invalids should be made of or trimmed with soft soothing colours.

FREE AID TO WORKERS.

WORKERS wanting assistance with any pattern, no matter from what source obtained, will be gladly helped by THE NEEDLE-WORKER, if they write privately to "Expert," Hawne Cottage, Sidcup, enclosing stamped addressed envelope.

LIST OF ABBREVIATIONS USED IN THIS BOOK.

K, Knit. S, Slip. T, Take. 2 tog., 2 together. Inc., increase, P, Purl. M, Make. St., Stitch. PSO, pass slip-stitch over. Ch., Chain. Tr., Treble. D.C., Double-crochet.



GAUNTLET GLOVE.

REQUIRED: $\frac{1}{4}$ lb. "Peacock Fleecy," 6-ply, a set of 4 needles, No. 8, and a set of 6 needles, No. 10.

GAUNTLET.

On the No. 8 needles, cast on 20 sts. on each of 3, join into a round and work 35 rounds rib (K3, P2).

36th round.—* K1, T2 tog., P2; repeat from * all round.

WRIST.

On the No. 10 needles—

37th to 55th rounds.—Rib (K2, P2).

56th and each alternate round.—Knit.

57th round.—K1, inc. 1, K to end.

59th round.—K1 inc. 1 K1, inc. 1, K to end.

61st round.—K1, inc. 1, K3, inc. 1, K to end.

63rd round.—K1, inc. 1, K5, inc. 1, K to end.

65th round.—K1, inc. 1, K7, inc. 1, K to end.

67th round.—K1, inc. 1, K9, inc. 1, K to end.

69th round.—K1, inc. 1, K11, inc. 1, K to end.

71st round.—K1, inc. 1, K13, inc. 1, K to end.

73rd round.—K1, inc. 1, K15, inc. 1, K to end.

75th round.—K1, inc. 1, K17, inc. 1, K to end.

THUMB.

77th round.—K21, divide these 21 sts. on to 3 needles, cast on 5 after the 21st, join into a round and K3 rounds.

4th to 8th rounds.—K20, T2 tog., K to end.

9th to 17th rounds.—K.

18th round.—* K3, T2 tog.; repeat from *.

19th and 21st rounds.—K.

20th round.—* K2, T2 tog.; repeat from *.

22nd round.—* K1, T2 tog.; repeat from *.

23rd round.—K.

Break off wool, pass the end through the stitches and fasten off firmly.

HAND.

At base of thumb join on wool; pick up and knit 6 loops, and K to end of round.

2nd to 7th rounds.—T2 tog., K to end.

8th to 27th rounds.—K.

28th round.—* K3, T2 tog.; repeat from *.

29th and 30th rounds.—K.

31st round.—* K2, T2 tog.; repeat from *.

32nd and 33rd rounds.—K.

34th round.—* K1, T2 tog.; repeat from *.

35th and 36th rounds.—K.

37th round.—T2 tog.; repeat.

38th round.—K, Break off wool.

Finish off as for thumb.

If no Gauntlet is required, cast on 48 sts. on No. 10 needles, and work as from 37th round. (See illustration below.)



WITHOUT GAUNTLET.

THE ADMIRALTY MITTEN.

Since this article appeared in "Comforts for Soldiers," we have received a letter from the Admiralty pronouncing it to be "an excellent pattern." We therefore reproduce it for those of our readers who did not see the original article.

The Instructions show how a Mitten can be made, and then with a few more rounds converted into a Glove.

MATERIALS required: 3 oz. "Beehive" double-knitting or Teazle wool of any dark colour and a set of 4 needles, No. 10.

Cast on 55 sts., 20 on each of two needles, and 15 on the third, join and work 30 rounds of rib K3, P2, then 12 plain rounds.

43rd round.—Inc. 1, K1, inc. 1, K to end of round.

44th round and each alternate round to 62nd round.—K.

45th round.—Inc. 1, K3, inc. 1, K to end.

47th round.—Inc. 1, K5, inc. 1, K to end.

Repeat in this way till there are 21 sts. to form the gusset for the thumb.

THUMB.

1st round.—K21. Cast on 5 sts. after the 21st. Divide these sts. on to 3 needles, join into a round.

2nd, 3rd and 4th rounds.—Work 3 rounds, rib K1, P1.

5th to 10th rounds.—Rib, taking last 2 sts. together at end of each round. This will leave 20 sts. on the round.

11th to 13th round.—Rib (if for mitten, cast off here).

14th to 25th rounds.—(Continue for glove) K12 rounds.

26th round.—* K2, T2 tog.; repeat from*.

27th round.—K.

28th round.—* T2 tog., K1; repeat from*.

With a wool needle draw the thread through the stitches on the needle and fasten off firmly.

HAND.

Continue from 47th round, join wool to base of thumb, pick up and K6 sts. there, to give spring between thumb and hand.



"AN EXCELLENT PATTERN."

K6 rounds, taking 2 tog. at the beginning of each round, then rib 12 rounds. (If for mitten, cast off here.)

To continue for glove, K16 rounds.

82nd round.—* T2 tog., K5; repeat from*.

87th round.—* T2 tog., K4; repeat from*.

91st round.—* T2 tog., K3; repeat from*.

94th round.—* T2 tog., K2; repeat from*.

96th round.—* T2 tog., K1; repeat from*.

The intervening rows are all K.

97th round.—K7; break off wool, and over-sew these to the 8 sts. on other needle. Fasten off firmly.

Work second glove (or mitten) like the first.

A USEFUL HINT FROM A NURSE.

A LITTLE camphorated oil rubbed on the chest and back before putting on a chest-protector is an almost certain preventative of cold or bronchitis, and if this precaution is taken the number of cases of inflammation and pneumonia would be decreased quite fifty per cent

SHOPPING BY POST.

FOR the benefit of readers who prefer fireside shopping, we would advise them to write to Messrs. Jevons and Mellor, Old Square, Birmingham, for Price List and Patterns; they have a large stock of wool and other needle-work materials and are thoroughly to be relied on.

Don't miss our CHRISTMAS NUMBER. It will contain among many other articles more "COMFORTS" for Soldiers and Sailors.

ROSE CROCHET SLIPPER. *Sole to measure 12 inches.*

For
Hospital
or



Invalid
Wear.

REQUIRED: 4 oz. "Peacock Fleecy" 12-thread, for upper, 2 oz. Rug wool for sole, and a strong bone crochet hook.

UPPER.

Commence with 10 ch.

1st row.—1 d.c. into second from hook, and 1 d.c. into each of others.

2nd row.—1 ch., to turn, 1 d.c. into second d.c., and 1 d.c. into each of others, then 1 d.c. into ch. at end.

Repeat this row till the strip measures 16 ins.

FOR FRONT.

At end of row work 6 ch., then take the beginning of strip in left hand and make 1 d.c. into each of the 10 commencing ch.

1st row.—1 ch., to turn, 1 d.c. into each d.c., and 1 d.c. into each of the 6 ch. in centre (26 d.c. in all).

2nd row.—1 ch to turn, 12 d.c., miss the next, then 13 more d.c.

3rd and each alternate row.—1 ch. to turn, 1 d.c. into each stitch to end.

4th row.—1 ch. to turn, 11 d.c., miss centre 2, 12 d.c.

6th row.—1 ch. to turn, 10 d.c., miss centre 2, 11 d.c.

Continue in this way, missing centre 2 each alternate row till 17 rows are worked. Break off wool.

TOP EDGE.

Join wool to top of shoe. Make 4 ch., 1 d.c. into first ch., then 1 d.c. into top edge about $\frac{3}{4}$ inch from last.

Work these picots all round for a finish. Break off wool and fasten off ends.

SOLE.

Make 7 ch.

1st row.—1 d.c. into second ch., and 1 d.c. into each of the others.

2nd row.—1 ch. to turn, 1 d.c. into each d.c. of last row, and 1 d.c. into ch. at end.

When 6 rows are worked, work 10 more rows without increasing (i.e., by working in the second d.c. instead of first, at beginning of each row), then 5 rows decreasing one at beginning of each row (by working d.c. into second d.c. without the 1 ch. to turn).

22nd row.—1 ch. to turn, 1 d.c. into second d.c., and 1 d.c. into each of the other 6.

23rd, 24th, 25th and 26th rows.—1 ch. 7 d.c. 27th, 28th, 29th and 30th rows.—1 ch. to turn, 1 d.c. into each d.c., and 1 d.c. into ch. at end.

31st and 32nd rows.—Work without increase.

33rd and following rows.—Decrease one in each row till there are 8 d.c. remaining. Break off wool and fasten off end.

TO MAKE UP.

Seam upper to sole, taking care not to let the stitches appear on bottom of sole.

To Make a Smaller Slipper from above Instructions.

Start with 8 ch. and work strip two rows less; make 2 ch. less in front and two rows shorter for front.

SOLE.

Make 5 ch. to start, and increase and decrease as directed, but work eight rows in flat of sole instead of ten, and one row less in heel.

Just Published.

READ IT!

The Life of Sir John Jellicoe

By HAROLD F. B. WHEELER.
(No. 2, "Men of the Moment" Series.)

Price Twopence

Dedicated, by special permission, to Lady Jellicoe.

From all Newsagents and Bookstalls in the United Kingdom.

SLEEPING HOOD.

Pronounced by the Admiralty to be
"An Excellent Pattern."

This very comfortable hood is quite simple and easy to make. Worked on two needles.

Materials required: 3 oz. "Peacock" double-knitting, pair of No. 10 needles.

Cast on 69 sts.

1st row.—K3, P3; repeat.

2nd row.—P3, K3; repeat.

Work 30 rows like these, then K one row and P one row alternately for 60 rows.

91st row.—S1, K40, T2 tog.; turn work.

92nd row.—S1, P13, P2 tog.; turn work.

93rd row.—S1, K14, T2 tog.; turn work.

94th row.—S1, P15, P2 tog.; turn work.

95th row.—S1, K16, T2 tog.; turn work.

96th row.—S1, P17, P2 tog.; turn work.

97th row.—S1, K18, T2 tog.; turn work.

98th row.—S1, P19, P2 tog.; turn work.

99th row.—S1, K20, T2 tog.; turn work.

100th row.—S1, P21, P2 tog.; turn work.

101st row.—S1, K22, T2 tog.; turn work.

102nd row.—S1, P23, P2 tog.; turn work.

103rd row.—S1, K24, T2 tog.; turn work.

104th row.—S1, P25, P2 tog.; turn work.

105th row.—S1, K26, T2 tog.; turn work.

106th row.—S1, P27, P2 tog.; turn work.

107th row.—S1, K28, T2 tog.; turn work.

108th row.—S1, P29, P2 tog.; turn work.

109th row.—S1, K30, T2 tog.; turn work.

110th row.—S1, P31, P2 tog.; turn work.

111th row.—S1, K32, T2 tog.; turn work.

112th row.—S1, P33, P2 tog.; turn work.

113th row.—S1, K34, T2 tog.; turn work.

114th row.—S1, P35, P2 tog.; turn work.

115th row.—S1, K36, T2 tog.; turn work.

116th row.—S1, P37, P2 tog.; turn work.

117th row.—S1, K38, T2 tog.; turn work.

118th row.—S1, P39, P2 tog.; turn work.

Pick up and P 46 loops down side of work; turn, K all the sts. on needle (87 in all), then pick up and K the 46 loops down opposite side:

FRONT.

1st row.—Purl.

2nd row.—Knit.

3rd row.—K17, P to 17 from end, these K.

4th row.—P17, K to 17 from end, these P.

Repeat rows 3 and 4.

7th and 9th rows.—P.

8th and 10th rows.—K.

Repeat rows 3 to 10.

19th row.—K17, * P3, K3; repeat from * end, K17.

20th row.—P17, * K3, P3; repeat from * end, P17.

Repeat rows 19 and 20.

23rd and 25th rows.—P20, * K3, P3; repeat from * end, P20.



24th and 26th rows.—K20, * P3, K3; repeat from * end, K20.

27th and 29th rows.—Same as 10th row.

28th and 30th rows.—Same as 20th row.

31st and 33rd rows.—Same as 23rd row.

32nd and 34th rows.—Same as 24th row.

35th row.—Same as 19th row.

36th row.—P17.

Cast off the rest.

Join on the wool and work 4 inches of the flute on these 17 sts.

Cast off and sew on two large patent fasteners to the neck-band.

CROW'S NEST CAP.

Illustrated on page 14 and cover.

REQUIRED: $\frac{1}{4}$ lb. "Peacock" Furry wool, or 4-ply Fleecy, set of needles No. 10.

Cast on 4 sts. on each of 3 needles, join and K2 rounds.

3rd round.—* M1 (by picking up the loop between the sts. twisting and knitting it) K2, repeat from *.

4th and each alternate round.—K.

5th round.—* M1, K3; repeat from *.

7th round.—* M1, K4; repeat from *.

9th round.—* M1, K5; repeat from *.

11th round.—* M1, K6; repeat from *.

13th round.—* M1, K7; repeat from *.

Repeat from 6th round twice.

30th to 56th rounds.—Knit.

57th round to end.—* K1, P1; repeat from *.

Work this rib for 6 inches and cast off.

Brush up the part of brim that turns up, or the whole can be brushed if preferred. This makes a most adaptable and comfortable cap for sailor, motorist or airman.

THE "JACK TAR" JERSEY.

This pattern is designed and worked to the pattern and measurements approved by the Admiralty.

A little practice will enable friends to work alike. Then two can make a sleeve each and two a front and back. In this way the Jersey can be made by four friends in a few hours, and neither need feel tired.

REQUIRED: 1½ lb. Paton's 4-ply Super-wheeling, navy blue and a pair of steel needles, No. 8.

SLEEVE.

Cast on 52 sts. and work 28 rows rib (K2, P2).

29th to 88th rows.—K one row and P one row alternately, increasing 1 stitch after the 2nd and 1 st. before the last but one on rows 35, 41, 47, 53, 59, 65, 71, 77 and 83.

89th row.—K2, inc. 1, P to 2 from end, inc. 1, P2.

90th, and every alternate row throughout.—P.

91st and 93rd rows.—* K2, P2; repeat from * to end.

95th row. Same as 89th row.

97th row.—K.

99th row.—K3, * P2, K2; repeat from * to end of row.

101st row.—K2, inc. 1, K3, * P2, K2; repeat from * to 2 from end, inc. 1, K2.

103rd row.—* P2, K2; repeat from * to end of row.

105th row.—* K2, P2; repeat from * to end.

107th row.—K2, inc. 1, * K2, P2; repeat from * to 2 from end, inc. 1, K2.

109th row.—Same as 99th row.

111th row.—K1, * P2, K2; repeat from *.

113th row.—K2, inc. 1, K1, * P2, K2; repeat from * to 2 from end, inc. 1, K2.

115th row.—Same as 105th row.

117th row.—K.

119th to 126th rows.—Same as 89th to 96th rows.

127th to 138th rows.—K1 row and P1 row alternately, increasing as before on rows 131 and 137.

139th to 148th rows.—Cast off first 7 sts. and work to end of row.

149th row.—Cast off remaining sts.

Work second sleeve exactly like this.

BACK AND FRONT (Worked alike).

Cast on 96 sts. and work 4 rows rib, then P three rows.

8th, 10th and 12th rows.—K2, P2.

9th, 11th, 13th, 14th and 15th rows.—P.

16th, 17th, 18th and 19th rows.—K2, P2.

Now K1 row and P1 row alternately for 110 rows.

130th row.—P.

131st row and each alternate row.—P.

132nd, 134th and 136th rows.—K2, P2.

138th row.—P.

140th row.—K.

142nd row.—T2 tog., * P2, K2; repeat from *, end T2 tog.

144th row.—T2 tog., K1, * P2, K2; repeat from *, end T2 tog.

146th row.—T2 tog., * K2, P2; repeat from *, end T2 tog.

148th row.—T2 tog., K3, * P2, K2; repeat from *, end T2 tog.

150th row.—K2, P2.

152nd row.—P2, K2.

Repeat rows 150 to 153 twelve times.

202nd row.—* K2, P2; repeat from * to 6 from end; turn work.

203rd row.—P to 6 from end; turn.



CROW'S NEST CAP AND "JACK TAR" JERSEY.

204th row.—* K2, P2; repeat from * to 12 from end; turn.

205th row.—P to 12 from end; turn.

206th row.—* K2, P2; repeat from * to 18 from end; turn.

207th row.—P to 18 from end; turn.

208th row.—* K2, P2; repeat from * to 24 from end; turn.

209th row.—P to 24 from end.

Leave the 40 centre sts. of each piece on separate needles.

Place the shoulders together and cast off as for the toe of a stocking (the wool for each shoulder is at the neck). Break off wool.

Put the 80 sts. on three needles and pick up 2sts. at the end of each shoulder, then K24 rounds of rib on these 84 sts. and cast off loosely.

Fasten off all ends and sew up sides. Sew in sleeves, letting seam come to seam.

If buttonhole twist is used with the wool to sew the seams it makes them stronger.

The same pattern worked in 5-ply fingering with No. 10 needles will fit a boy from 14 to 16 years of age.

SAILOR'S COMFORTER,

of Odds and Ends of Wool, that a Child can Make.

EVERY reader of THE NEEDLE-WORKER has a quantity of odds and ends of wool which singly are not of much use, but a delightfully warm comforter can be made of them in the following way—

Select the balls to be used and divide each equally, using one half only for half of the work, so that the two halves can be worked alike.

Cast on 52 sts. and knit plain; always slipping the first stitch of each row.

Work an even number of rows of each colour, the number to be determined by the quantity of wool.

Join the wools by knitting 6 sts. with the two wools together.

When the work measures 24 inches, half the comforter is made. Be sure to make the second half to match it.



SAILOR'S COMFORTER.

Fringe the ends with knots of the predominating colour—or some of each—in the following manner—

Wind some of the wool round a card or book 4 inches in length; cut the wool along one edge of the card or book. This gives strands of wool 8 inches in length.

Take 3 or 4 strands, fold in half, and hold in left hand. With a crochet hook draw the folded wool through the first stitch for about $\frac{1}{2}$ inch, then put the ends of the strands through the loop and draw up to form a knot.

Put a fringe into every third stitch along the ends; this finishes an article which is as comfortable as it is pretty.

“Comforts for Soldiers.” This number is still on Sale
It contains an Invalid's Vest,
Men's Sock, Mascot Scarf, Hood and Waistcoat for Nurse, and many other useful items.

Don't forget the “CUFF” COMPETITION that closes on October 30th.

"THE EASY" KNITTED NECKLET.

This necklet is less cumbersome than a scarf and yet covers the chest and back.

Materials required: 3 No. 10 needles, and 3 oz. 6-ply Fingering "Peacock."

The two fronts are worked separately and then the back.

Cast on 48 stitches.

Work 4 rows, Knit 3 stitches, purl 3 stitches.

Then 4 rows, Purl 3 stitches, Knit 3 stitches.

Repeat these 8 rows for 12 inches or more if longer fronts are desired.

NECK.

1st row.—Cast off 9, P2, * K3, P3; repeat from * and inc. 1 stitch at end of row by knitting the front and back of last stitch.

2nd row.—S1, * K3, P3; repeat from * and take last 2 together.

3rd row.—S1, P1, * K3, P3; repeat from * and inc. 1 at end of row.

4th row.—S1, P1, * K3, P3; repeat from * and take last 2 together.

5th row.—S1, * P3, K3; repeat from * and inc. 1 at end of row.

6th row.—* K3, P3; repeat from * and take last 2 together.

7th row.—* P3, K3; repeat from * and inc. 1 at end of row.

8th row.—S1, * K3, P3; repeat from * and take last 2 together.

9th row.—S1, K1, * P3, K3; repeat from * and inc. 1 at end of row.

10th row.—S1, K1, * P3, K3; repeat from * and take last 2 together.

11th row.—S1, * P3, K3; repeat from * and inc. 1 at end of row.

12th row.—* K3, P3; repeat from * and take last 2 together.

13th row.—* K3, P3; repeat from * and inc. 1 at end of row.

14th row.—S1, * P3, K3; repeat from * and end, take last 2 together.

15th row.—S1, K1, * P3, K3; repeat from * and inc. 1 at end of row.

16th row.—S1, K1, * P3, K3; repeat from * and end, take last 2 together.

17th row.—S1, * K3, P3; repeat from * and inc. 1 at end of row.

18th row.—* P3, K3; repeat from * and end, take last 2 together.

19th row.—* K3, P3; repeat from * and inc. 1 at end of row.

20th row.—S1, * P3, K3; repeat from * and end, take last 2 together.

21st row.—S1, P1, * K3, P3; repeat from * and inc. 1 at end of row.

22nd row.—S1, P1, * K3, P3; repeat from * and end, take last 2 together.

23rd row.—S1, * K3, P3; repeat from * and inc. 1 at end of row.

24th row.—* P3, K3; repeat from * and end, take last 2 together.

25th, 27th, 30th and 32nd rows.—* P3, K3; repeat from *.

26th, 28th, 29th and 31st rows.—* K3, P3; repeat from *.

33rd to 36th rows.—Same



"THE EASY" KNITTED NECKLET.

as 25th to 28th rows.

37th row.—* K3, P3; repeat from *.

38th and 40th rows.—* P3, K3; repeat from * and inc. 1 at end of row.

39th row.—S1, * K3, P3; repeat from *.

Leave this piece on needle and work another exactly like it.

TO JOIN AND WORK BACK.

Cast on 20 sts. to one front, then slip the sts. of second front on same needle, letting the cast-off sts. at front of neck face each other.

Join wool here and work 5 inches of block



"COMFY" BODY BELT.

pattern, then cast off and fasten all ends neatly.

A little crochet edge round the neck is an added finish.

Sew on patent fasteners to neck and this very comfortable necklet is ready for wear.

"VERY COMFY" COLIC BELT.

REQUIRED: 3 oz. "Peacock" 4-ply Fingering or 4-ply Vest wool, 5 needles, No. 10, and 5 needles, No. 14

On No. 14 needles cast on 224 sts., join into a round, and rib 3 inches (K2, P2), then on No. 10 needles, K1, P1 for 6 inches. Finish the belt with 3 inches, K2 P2, on these same needles and cast off loosely.

Larger or smaller sizes may be worked by casting on 8 sts. more or less for each size.

REGULATION COLIC BELT.

The regulation Colic Belt is worked on 2 sets of 4 needles, one No. 16, the other No. 10.

This has an equally tight band at top and bottom, which is not considered so comfortable by everyone as the above, but for those who would like to work them we give instructions for two sizes.

SIZE I.

Cast on 260 sts. on No. 16 needles. Rib 3 inches (K1, P1) then on No. 10 needles rib 6 inches in same stitch, and finish with 3 inches on the No. 16 needles, as at beginning. Cast off loosely.

SIZE II.

Cast on 286 sts. and work as before, 3 inches on No. 16 needles, 7 inches on No. 10 needles, and 3 more inches on No. 16.

These belts can also be worked on 2 needles by casting on half the number of stitches and working backwards and forwards for required length. Make two pieces alike and sew up the sides. Use thread for this, as in drawing on, wool would most certainly break and cause great discomfort.

BODY BELT.

Knitted on two Needles, which a Child can easily Make.

REQUIRED: 4 oz. "Beehive" Petticoat wool, natural, and a pair of No. 9 needles.

Cast on 72 sts., and knit 2 rows and purl 1 row alternately, until the work measures 36 inches when drawn out. Cast off and seam the two short edges together.

If buttonhole twist or thread is used in sewing the portions of an article together, it prevents breaking and the work will be much more securely and firmly joined.



BODY BELT THAT A CHILD CAN MAKE.

If you become an Annual Subscriber to the **NEEDLE-WORKER** you will not miss any of the best Needle-work Patterns and Ideas.

SEAMAN'S "QUICKLY KNIT" LONG STOCKING, WITH THICKENED HEEL.

Admiralty Pattern and Measurements.

REQUIRED: 10 oz. Paton's "Alloa Wheeling," 3-ply, and 4 needles, No. 10.

Cast on 20 sts. on each of two needles and 28 on the third, and work 30 rows rib (2 K, 2 P).

Then work 11 inches plain, purling the 14th st. on the long needle in every other round throughout the leg.

To narrow (on the long needle)—

1st round.—K to 3 from seam, S1, K1, PSO, K1, P1, K1, T2 tog., K to end.

2nd to 8th rounds.—K.

Repeat rows 1 to 8 seven times.

There will now be 52 sts. on the round.

When the leg measures 23 inches, divide for the heel by putting 13 sts. each side of the seam st. Turn work.

HEEL.

1st row.—S1, P to end.

2nd row.—S1, K1, S1, K1 throughout.

3rd row.—S1, P to end.

4th row.—S1, K2, * S1, K1; repeat from *, end K2.

Repeat these 4 rows till the heel-strap measures $3\frac{1}{2}$ inches.

Begin to turn the heel on a P row—

S1, P14, P2 tog.; turn work.

S1, K3, K2 tog.; turn work.

S1, P4, P2 tog.; turn work.

S1, K5, K2 tog.;

turn work.

S1, P6, P2 tog.;

turn work.

S1, K7, K2 tog.;

turn work.

S1, P8, P2 tog.;

turn work.

S1, K9, K2 tog.;

turn work.

S1, P10, P2 tog.;

turn work.

S1, K11, K2 tog.;

turn work.

S1, P12, P2 tog.;

turn work.

S1, K13, K2 tog.

Now pick up and K the loops down the left side of heel-strap.

K the sts. across front of foot on one needle, then pick up and K the loops on right side of heel-strap.

Put half the sts. of top of heel on to each back needle. K left needle and front needle.

1st round.—K2, S1, K1, PSO, K to 4 from end of second needle, T2 tog., K2; K front needle.

2nd round.—Knit.

Repeat these two rounds till there are 54 sts. altogether. Then K plain till the foot measures $8\frac{1}{2}$ inches.

TOG.

1st round.—* K7, T2 tog.; repeat from *.

5th round.—* S1, K1, PSO, K3, T2 tog., K1; repeat from *.

9th round.—* S1, K1, PSO, K1, T2 tog.;

K1; repeat from *.

13th round.—* S1, T2 tog., PSO, K1; repeat from *.

The intervening rows are all plain K.

K2 more rounds; break off wool, draw



THICKENED HEEL.

it through the sts. on needles and fasten off.

If a thickened sole and toe are also required, the following instructions should be followed—

Work from the foregoing instructions till the heel-strap is finished, then proceed as follows—

Pick up and knit the loops down left side of heel, then turn the work and purl these and the sts. on top of heel, dividing the latter on to needle already in use and one other, on to which the right side stitches are to be then purled.

The foot is now worked in two portions, the thickened sole first, and top of foot afterwards.

1st row.—Turn work, S1, K1, T2 tog., * K1, S1, ; repeat from * to 4 from end of second needle, S1, K1, PSO, K2.

2nd and each alternate row.—S1, P to end.

Repeat these two rows until there are 27 sts. on the needles.

INSTEP.

1st row.—S1, K2, * S1, K1; repeat from *.

2nd and 4th rows.—P.

3rd row.—* S1, K1; repeat from *.

Repeat these 4 rows till the foot measures 9½ inches. End on a 3rd row and break off wool.

Join wool to front of foot and K one row and P one row alternately till this measures same length as sole, finishing with a purl row. There will be a smaller

number of rows on this piece as the thickened knitting draws up a little.

Sew the two sides of foot together, occasionally taking two rows of sole to one of front.

Now divide stitches on 3 needles and K one round, working the first 6 sts. with the two wools (*i.e.*, the wool from sole as well as front) in order to join securely.

2nd and 4th rounds.—* S1, K1; repeat from *.

3rd, 7th, 11th, 15th, 19th, 23rd and 27th rounds.—K2, T2 tog., K to 4 from end of needle, S1, K1, PSO, K2; K2, T2 tog. K round the back to 4 from end of second needle, S1, K1, PSO, K2.

5th, 9th, 13th, 17th, 21st and 25th rounds.—K.

6th and 8th rounds.—* K1, S1; repeat from *.

10th and 12th rounds.—* S1, K1; repeat from *.

14th and 16th rounds.—* K1, S1; repeat from *.

18th and 20th rounds.—* S1, K1; repeat from *.

22nd and 24th rounds.—* K1, S1; repeat from *.

26th round.—* S1, K1; repeat from *.

Finish off by grafting the stitches on front and back needles together.

Old stockings can be re-footed in this way, by cutting off the foot and picking up the stitches at the ankle.

Next month we shall give an article entitled "A Simple Guide to Stocking Knitters."

CHEST PROTECTOR IN PLAIN KNITTING.

MATERIALS required: 1½ oz. "Peacock" Vest wool, 2-ply, and 2 bone needles, No. 8.

Cast on 70 sts. and K12 inches in plain knitting, always slipping the first st. of each row.

FOR SHOULDER STRAP.

K20. Cast off next 30, K19.

K 4 inches over the last 20 sts., then cast on 50 sts. on same needle. On these 70 sts., K 12 inches for back and cast off. (The 20 sts. for the other shoulder-strap should be put on a spare needle.)

SECOND SHOULDER STRAP.

Join wool to the sts. on spare needle at the neck end and K 4 inches there. Then make buttonholes in the following way—

K4, M2 (by wrapping the wool twice round the needle), T2 tog., T2 tog., K4, T2 tog., T2 tog., M2, K4.

Next row.—K5, P1, K9, P1, K4.

Then K 6 rows and cast off.

Overcast buttonholes and sew 2 buttons on, back to back for each. This makes the buttons more secure and allows the protector to be fastened on either shoulder.



CHEST PROTECTOR.

The Editor invites correspondence on all Needle-work matters, and will give advice on all matters pertaining to the Art and Craft of the Needle on receipt of a stamped addressed envelope for reply.

THE EDITOR regrets that so many inquirers for the Wither Pad pattern had to be supplied with manuscript copies.

"Expert" tells him that her supply of printed copies was exhausted the first week, and that she had to send some hand-written copies to meet the additional demand and save delay.

A LETTER FROM "EXPERT."

"DEAR READERS,

I want you all to realise that I am here to help you in every way possible, therefore I shall be only too pleased when you write to me about your difficulties, whatever they may be.

Difficulties in working patterns, no matter from what source obtained, I will explain, and return with work if stamps are enclosed.

If a reader wishes to dispose of worked articles, I shall be glad to insert an advertisement in our Sales Column, and put her in touch with a prospective purchaser.

If a reader wishes to meet with a worker competent to make or finish any article, again I will do my best to be of use by putting her in touch with a competent worker.

Readers wanting work should send me a specimen of their work and two references, if possible, of ladies for whom they have worked.

Address in each case to 'EXPERT,' Hawne Cottage, Sidcup, and you shall have my undivided attention and in return I want you all to show your friends this paper and get them to become constant readers. Every month we shall try to make each number more interesting and useful than the last.

Look out for the December Number, which will be very acceptable in these anxious times, as it will contain illustrations and instructions for making inexpensive and useful Christmas presents for all.

There will also be a novel competition. If either of my readers has a blind friend, tell her that our last number 'Comforts for Soldiers,' is published in Braille type (she can get it from 206, Great Portland Street). I shall be glad at any time to give her advice in Braille if she writes to me.

It is my wish to help all of our readers and to always be their very good friend,

"EXPERT."

ANSWERS TO CORRESPONDENTS.

RULES.

1.—Letters should be addressed to "EXPERT," Hawne Cottage, Sidcup, Kent.

2.—Full name and address must be in every letter, also pseudonym under which the reply will appear. It will be wise for readers to always write under the same pseudonym.

3.—Where a reply is wished for at once, 6d. should be enclosed with a stamped addressed envelope, otherwise, the answer will appear in the next number.

4.—Write all questions clearly and concisely.

5.—If patterns are sent, the owner's name must be firmly attached and stamped envelope enclosed for their return.

6.—Readers wanting a reply in next number must write before the 15th of the month.

COALBURN.—Please note Rule 3. In this number you will find a good pattern for a Sleeping Helmet which has been approved by the Admiralty.

READING.—Scarves must not be less than 8 inches wide and 1½ yard long but may be made several sizes larger.

BRIGHTON.—The "instructions" you send are very involved and difficult for a learner to follow. Try the one on page 11.

THE NEEDLE-WORKER'S SALE COLUMN.

THE NEEDLE-WORKER'S Sale Column is intended to provide a medium for the sale of handwork of various kinds. One shilling is charged for each advertisement, not to exceed 24 words, or three consecutive insertions, 2s. 6d. Trade advertisements, 1s. per line.

Latest date for receiving advertisements, 15th of each month.

All advertisements are received subject to the Editor's approval.

All communications to be addressed to "Sales Manager," THE NEEDLE-WORKER, Cromwell House, Holborn, W.C.

WITHER PADS.

TO READERS who are anxious to make wither pads, I should like to say, use an unshrinkable wool such as Wheeling Yarn or "Erica." Do not use Berlin under any consideration. Instructions for making these pads can be sent to any reader on receipt of two penny stamps.

TERMS OF SUBSCRIPTION.

THE NEEDLE-WORKER will be sent free by post to any part of the United Kingdom for 2s. 6d. one year, or 1s. 3d. for 6 months. Send stamps or P.O.'s to "Editor," THE NEEDLE-WORKER, Cromwell House, Holborn, W.C.

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<p>PEACOCK FLEECY,</p>	<p>2, 3, 4, 6, 8 and 12 thread.</p>	<p>For Waistcoats, Jerseys, Comforters, Bed Socks, Tam o' Shanters, Scarves, etc.</p>
<p>PEACOCK CABLE RUG WOOL,</p>	<p>Rope Twist.</p>	<p>For making Rugs, Mats, and Hearthrugs on Canvas, &c.</p>
<p>PEACOCK SAXONY YARN,</p>	<p>In 2 oz. Packets.</p>	<p>The best yarn for Gents' and Boys' Socks and Stockings when a soft and strong good yarn is wanted. About 100 Mixtures and colours kept.</p>
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<p>PEACOCK HOMESPUN,</p>	<p>Or Wheeling Yarn.</p>	<p>A yarn for Deep Sea Mission and Charity purposes.</p>
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<p>PEACOCK IMPERIAL PETTICOAT FLEECY WOOL</p>		<p>For Seamen's Sleeping Socks, &c.</p>

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